



Local Pre-Op Instructions

Patient Name: _____
Procedure Date: _____ **Procedure Type:** _____

- Children are asked to stay home, but if they must come there a legal guardian must be present with them the entire time they are in the facility.
- Persons who have been deemed legally incompetent to give informed consent for a procedure must be accompanied by a legal representative who can make health care decisions for the patient.
- **Please notify us if you are on any antibiotics for an active infection, have a current infection of any kind, or have had a fever recently in the last 72 hours.**

Before Your Procedure

- **Stop any anti-inflammatory medication / blood thinners up to seven days (see below) prior to your procedure, unless otherwise directed by the physician.**
 - **Blood Thinners**
 - **7 Days:** Warfarin (Coumadin, Jantoven), Aspirin (Aggrenox, ASA-Dipyridamole), Plavix (Clopidogrel), Prasugrel (Effient), Omega-3 (Lovaza, Fish Oil)
 - **5 Days:** Brilinta (Ticagrelor)
 - **4 Days:** Pradaxa (Dabigatran, Etexilate)
 - **3 Days:** Eliquis (Apixaban), Savaysa (Edoxaban), Xarelto (Rivaroxaban)
 - **2 Days:** Cilostazol (Pletal), Enoxaparin (Lovenox)
 - **Anti-Inflammatories (NSAIDS)**
 - **7 Days:** BC Powder
 - **6 Days:** Nabumetone, Relafen
 - **4 Days:** Mobic (Meloxicam), Celebrex (Celecoxib), Naprosyn (Naproxen), Diclofenac, Etodolac
 - **1 Day:** Advil, Aleve, Ibuprofen, Motrin
 - **Semaglutides**
 - **7 Days:** Ozempic, Rybelsus, Wegovy, Dulaglutide, Exenatide, Mounjaro, Trulicity, etc.
- **If you are Diabetic, please check your blood glucose level the morning of your procedure** and report it to procedure room staff if it is above 200.
- Please wear loose, comfortable clothing, sweats, or shorts. You will be asked to change into a hospital gown.
- Please leave any metal jewelry, glasses, contacts, phone, or hearing aids with your driver.
- Please shower the night before or morning of your procedure.
- ***FOR RADIO FREQUENCY (RHIZOTOMY) PATIENTS**
 - If you have a **Spinal Cord Stimulator**, please make sure it is either off or in surgery mode at the time of your procedure.